

# **Saint Mary's Holy Communion Sea Sunday 2021**

## ***WELCOME:***

The Lord be with you  
**And also with you**

## ***OPENING HYMN:***

**All people that on earth do  
dwell,**

Sing to the Lord with cheerful  
voice;  
Him serve with fear, His praise  
forth tell,  
Come ye before Him and rejoice.

The Lord ye know, is God indeed,  
Without our aid He did us make:  
We are His folk, He doth us feed,  
And for His sheep He doth us  
take.

O enter then His gates with  
praise,  
Approach with joy His courts  
unto:  
Praise, laud, and bless His name  
always,  
For it is seemly so to do.

For why, the Lord our God is  
good;  
His mercy is forever sure;  
His truth at all times firmly stood,

And shall from age to age  
endure.

To Father, Son and Holy Ghost,  
The God whom heaven and earth  
adore,  
From us and from the angel host,  
Be praise and glory evermore.

## ***CONFESION: introduction***

**Lord God, we have sinned  
against you;  
we have done evil in your  
sight.**

**We are sorry and repent.  
Have mercy on us according  
to your love.**

**Wash away our wrong doing  
and cleanse us from our sin.  
Renew a right spirit within us  
and restore to us the joy of  
your salvation, through Jesus  
Christ our Lord. Amen.**

## ***ABSOLUTION:***

### ***COLLECT Trinity 7***

Generous God,  
you give us gifts and make them  
grow:  
though our faith is small as  
mustard seed,  
make it grow to your glory  
and the flourishing of your  
kingdom;  
through Jesus Christ our Lord.

## **READING Psalm 107**

Some went out on the sea in ships;

they were merchants on the mighty waters.

**24** They saw the works of the LORD,

his wonderful deeds in the deep.

**25** For he spoke and stirred up a tempest

that lifted high the waves.

**26** They mounted up to the heavens and went down to the depths;

in their peril their courage melted away.

**27** They reeled and staggered like drunkards;

they were at their wits' end.

**28** Then they cried out to the LORD in their trouble,

and he brought them out of their distress.

**29** He stilled the storm to a whisper;

the waves of the sea<sup>b</sup> were hushed.

**30** They were glad when it grew calm,

and he guided them to their desired haven.

**31** Let them give thanks to the LORD for his unfailing love

and his wonderful deeds for

mankind.

**32** Let them exalt him in the assembly of the people

and praise him in the council of the elders.

This is the word of the Lord

**Thanks be to God**

## ***SONG:***

### **In my wrestling and in my doubts**

G Gilkeson and C Llewellyn © 2014 Thank you  
Music CCLI 170348

## ***GOSPEL READING:***

### **Mark 4 v 35-end**

**35** That day when evening came, he said to his disciples, "Let us go over to the other side." **36** Leaving the crowd behind, they took him along, just as he was, in the boat. There were also other boats with him. **37** A furious squall came up, and the waves broke over the boat, so that it was nearly swamped. **38** Jesus was in the stern, sleeping on a cushion. The disciples woke him and said to him, "Teacher, don't you care if we drown?"

**39** He got up, rebuked the wind and said to the waves, "Quiet! Be still!" Then the wind died down and it was completely calm.

**40** He said to his disciples, “Why are you so afraid? Do you still have no faith?”

**41** They were terrified and asked each other, “Who is this? Even the wind and the waves obey him!”

This is the Gospel of the Lord.  
**Praise to you, O Christ**

**ADDRESS:** Julie Allday

**APOSTLE'S CREED:**  
**I believe in God the Father Almighty,**  
**creator of heaven and earth.**  
**I believe in Jesus Christ, his only son, our Lord,**  
**who was conceived by the Holy Spirit,**  
**born of the Virgin Mary,**  
**suffered under Pontius Pilate,**  
**was crucified, died, and was buried;**  
**he descended to the dead.**  
**On the third day he rose again;**  
**he ascended into heaven,**  
**he is seated at the right hand of the Father,**  
**and he will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

**SONG:**

**Faithful One,**

B Doerksen ©1989 Vineyard Songs Canada CCLI Licence 170348

**PRAYERS: Ben Ward**

**THE PEACE:** *introduction*

The Peace of the Lord be always with you.

**And also with you.**

Let us offer one another a sign of peace

**OFFERTORY HYMN:**

**Lead us, heavenly Father, lead us**

o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us,

for we have no help but thee;  
yet possessing every blessing,  
if our God our Father be.

Saviour, breathe forgiveness o'er us:

all our weakness thou dost know;  
thou didst tread this earth before us,

thou didst feel its keenest woe;

lone and dreary, faint and weary,  
through the desert thou didst go.

Spirit of our God, descending,  
fill our hearts with heavenly joy,  
love with every passion blending,  
pleasure that can never cloy:  
thus provided, pardoned, guided,  
nothing can our peace destroy.

**THANKSGIVING PRAYER:**

The Lord is here

**His Spirit is with us**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks & praise.**

It is right to praise you, Father,  
Lord of all creation;  
in your love you made us for  
yourself. When we turned away  
you did not reject us,  
but came to meet us in your Son.

**You embraced us as your children and welcomed us to sit and eat with you.**

In Christ you shared our life that  
we might live in him and he in us.

**He opened his arms of love upon the cross  
and made for all the perfect sacrifice for sin.**

On the night he was betrayed,

at supper with his friends  
he took bread, and gave you  
thanks; he broke it and gave it to  
them, saying: Take, eat; this is  
my body which is given for you;  
do this in remembrance of me.

**Father, we do this in remembrance of him:  
his body is the bread of life.**

At the end of supper, taking the  
cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my  
blood of the new covenant,  
which is shed for you for the  
forgiveness of sins;  
do this in remembrance of me.

**Father, we do this in remembrance of him:  
his blood is shed for all.**

As we proclaim his death and  
celebrate his rising in glory,  
send your Holy Spirit that this  
bread and this wine  
may be to us the body and blood  
of your dear Son.

**As we eat and drink these holy gifts make us one in Christ, our risen Lord.**

With your whole Church  
throughout the world  
we offer you this sacrifice of  
praise and lift our voice to join  
the eternal song of heaven:

**Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of  
your glory.  
Hosanna in the highest.**

**LORD'S PRAYER:**  
**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins - as we  
forgive those who sin against  
us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power  
and the glory are yours now  
and forever. Amen.**

We break this bread to share in  
the body of Christ.  
**Though we are many we are  
one body because we all  
share in the one bread.**

Draw near with faith....

**AFTER COMMUNION**  
**Almighty God, we thank you  
for feeding us with the body  
and blood of your Son Jesus  
Christ. Through him we offer**

**you our souls and bodies to  
be a living sacrifice.  
Send us out in the power of  
your Spirit to live and work to  
your praise and glory. Amen.**

**NOTICES**

**BLESSING**

**FINAL HYMN:**  
**Eternal Father, strong to  
save,**  
Whose arm does bind the restless  
wave,  
Who bids the mighty ocean deep  
Its own appointed limits keep;  
O hear us when we cry to Thee  
For those in peril on the sea.  
  
O Saviour, whose almighty word  
The winds and waves submissive  
heard,  
Who walked upon the foaming  
deep,  
And calm amid the rage did sleep;  
O hear us when we cry to Thee  
For those in peril on the sea.  
  
O Holy Spirit, who did brood  
Upon the waters dark and rude,  
And bid their angry tumult cease,  
And give for wild confusion  
peace;  
O hear us when we cry to Thee

For those in peril on the sea.

O Trinity of love and pow'r,  
Your children shield in danger's  
hour;  
From rock and tempest, fire, and  
foe,  
Protect them where-so-e'er they  
go;  
Thus, evermore shall rise to Thee  
Glad hymns of praise from land  
and sea.

***DISMISSAL:***

Go in peace to love and serve the  
Lord.

**In the name of Christ, Amen.**



