

# ST MARY'S HOLY COMMUNION 19 June 2022

## ***GREETING:***

The Lord be with you  
**and also with you.**

## ***HYMN***

**Praise to the Lord, the almighty,** the King of creation!  
O my soul, praise Him, for He is  
thy health and salvation!  
All ye who hear,  
Brothers and sisters, draw near,  
Praise Him in glad adoration.

Praise to the Lord, who o'er all  
things so wondrously reigneth  
Shieldeth thee gently from  
harm or when failing sustaineth.  
Hast thou not seen  
How thy heart's wishes have  
been  
Granted in what he ordaineth.

Praise to the Lord, who doth  
prosper thy work and defend  
thee;  
Surely His goodness and mercy  
here daily attend thee:  
Ponder anew  
What the Almighty can do,  
Who with His love doth befriend  
thee.

Praise to the Lord! O let all that  
is in me adore Him!  
All that hath life and breath,  
come now with praises before  
Him!  
Let the Amen  
Sound from His people again:  
Gladly for aye we adore Him.

## ***INTRODUCTION and***

### ***CONFESsION: invitation***

**Father eternal, giver of light  
and grace,**  
**we have sinned against you  
and against our neighbour,  
in what we have thought,  
in what we have said and  
done,**  
**through ignorance, through  
weakness, through our own  
deliberate fault.**  
**We have wounded your love  
and marred your image in  
us.**  
**We are sorry and ashamed  
and repent of all our sins.**  
**For the sake of your Son  
Jesus Christ, who died for  
us, forgive us all that is past  
and lead us out from  
darkness to walk as  
children of light. Amen.**

## ***ABSOLUTION***

## ***COLLECT: Trinity 1***

O God,  
the strength of all those who  
put their trust in you,  
mercifully accept our prayers  
and, because through the  
weakness of our mortal nature  
we can do no good thing  
without you,  
grant us the help of your grace,  
that in the keeping of your  
commandments we may please  
you both in will and deed;  
through Jesus Christ your Son  
our Lord,  
who is alive and reigns with  
you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## ***GRADUAL SONG:*** ***How deep the Father's love for us,***

## ***GOSPEL: read by president: Matthew 6v 5-15***

<sup>5</sup> "And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. <sup>6</sup> But when you pray, go

into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. <sup>7</sup> And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. <sup>8</sup> Do not be like them, for your Father knows what you need before you ask him.

<sup>9</sup> "This, then, is how you should pray:

"Our Father in heaven,  
hallowed be your name,  
<sup>10</sup> your kingdom come,  
your will be done,

on earth as it is in heaven.

<sup>11</sup> Give us today our daily bread.

<sup>12</sup> And forgive us our debts,  
as we also have forgiven our  
debtors.

<sup>13</sup> And lead us not into  
temptation,<sup>13</sup>

but deliver us from the evil  
one.<sup>14</sup>

<sup>14</sup> For if you forgive other  
people when they sin against  
you, your heavenly Father will  
also forgive you. <sup>15</sup> But if you do

not forgive others their sins,  
your Father will not forgive your  
sins.

This is the Gospel of the Lord  
**Praise to you, O Christ.**

**ADDRESS:** Tim Ward

**APOSTLE'S CREED**

**I believe in God the Father  
Almighty,  
creator of heaven and  
earth.**

**I believe in Jesus Christ, his  
only son, our Lord,  
who was conceived by the  
Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius  
Pilate,  
was crucified, died, and was  
buried;  
he descended to the dead.  
On the third day he rose  
again;  
he ascended into heaven,  
he is seated at the right  
hand of the Father,  
and he will come to judge  
the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church the  
communion of saints,**

**the forgiveness of sins, the  
resurrection of the body,  
and the life everlasting.  
Amen.**

**INTERCESSIONS:**

**THE PEACE:** *Introduction, then*  
The peace of the Lord be  
always with you:  
**And also with you.**

**HYMN**

**Dear lord and father**

Forgive our foolish ways;  
Reclothe us in our rightful mind;  
In purer lives Thy service find,  
In deeper reverence, praise,  
In deeper reverence, praise.

In simple trust like theirs who  
heard,  
Beside the Syrian sea,  
The gracious calling of the Lord,  
Let us, like them, without a  
word  
Rise up and follow Thee,  
Rise up and follow Thee.

O sabbath rest by Galilee!  
O calm of hills above,  
Where Jesus knelt to share with  
Thee  
The silence of eternity,  
Interpreted by love,  
Interpreted by love.

With that deep hush subduing all  
Our words and works that drown  
The tender whisper of Thy call,  
As noiseless let Thy blessing fall  
As fell Thy manna down,  
As fell Thy manna down.

Drop Thy still dews of quietness,  
Till all our strivings cease;  
Take from our souls the strain and stress,  
And let our ordered lives confess  
The beauty of Thy peace,  
The beauty of Thy peace.

Breathe through the heats of our desire  
Thy coolness and Thy balm;  
Let sense be dumb, let flesh retire;  
Speak through the earthquake, wind and fire,  
O still small voice of calm,  
O still small voice of calm!

### **THANKSGIVING PRAYER**

The Lord is here:  
**his Spirit is with us**  
Lift up your hearts:  
**we lift them to the Lord.**  
Let us give thanks to the Lord our God:

### **it is right to give him thanks and praise.**

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour. By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and *saying:*

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of  
your glory.**  
**Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:  
**Christ has died: Christ is risen: Christ will come again.**

And so, Father, calling to mind his death on the cross,

his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

**Amen.**

**THE LORD'S PRAYER:  
Our Father in heaven,**

hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily  
bread.  
Forgive us our sins - as we  
forgive those who sin  
against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power  
and the glory are yours now  
and forever. Amen.

Amen.

***BLESSING***

***FINAL HYMN:***  
Lord of a Lord of all  
hopefulness,

***NOTICES***

***DISMISSAL:***  
Go in peace to love serve the  
Lord  
**In the name of Christ.**  
Amen.

***BREAKING OF THE BREAD:***  
We break this bread to share in  
the body of Christ:  
**Though we are many, we  
are one body because we all  
share in one bread.**

***INVITATION*** to communion

***POST-COMMUNION:***  
Almighty God, we thank you  
for feeding us with the body  
and blood of your Son Jesus  
Christ. Through him we  
offer you our souls and  
bodies to be a living  
sacrifice.  
Send us out in the power of  
your Spirit to live and work  
to your praise and glory.

