

ST MARY'S HOLY COMMUNION 22 August 2021

GREETING:

The Lord be with you
and also with you.

HYMN

Thou, whose almighty word
chaos and darkness heard,
and took their flight;
hear us, we humbly pray,
and, where the Gospel day
sheds not its glorious ray,
let there be light!

Thou who didst come to bring
on thy redeeming wing
healing and sight,
heal to the sick in mind,
sight to the in-ly blind,
now to all humankind,
let there be light!

Spirit of truth and love,
life-giving holy Dove,
speed forth thy flight!
Move on the waters' face
bearing the gifts of grace,
and, in earth's darkest place,
let there be light!

Holy and blessed Three,
glorious Trinity,
Wisdom, Love, Might;

boundless as ocean's tide,
rolling in fullest pride,
through the world far and wide,
let there be light!

INTRODUCTION and CONFESSION: invitation

**Lord God, we have sinned
against you;
we have done evil in your
sight.
We are sorry and repent.
Have mercy on us according
to your love.
Wash away our wrong
doing
and cleanse us from our sin.
Renew a right spirit within
us
and restore to us the joy of
your salvation, through
Jesus Christ our Lord.
Amen.**

ABSOLUTION and COLLECT: Trinity 12

God of constant mercy,
who sent your Son to save us:
remind us of your goodness,
increase your grace within us,
that our thankfulness may
grow,
through Jesus Christ our Lord.
Amen.

EPISTLE:**Ephesians 5 v 8-21**

8 For you were once darkness, but now you are light in the Lord. Live as children of light **9** (for the fruit of the light consists in all goodness, righteousness and truth) **10** and find out what pleases the Lord. **11** Have nothing to do with the fruitless deeds of darkness, but rather expose them. **12** It is shameful even to mention what the disobedient do in secret. **13** But everything exposed by the light becomes visible—and everything that is illuminated becomes a light. **14** This is why it is said:

“Wake up, sleeper,
rise from the dead,
and Christ will shine on you.”

15 Be very careful, then, how you live—not as unwise but as wise, **16** making the most of every opportunity, because the days are evil. **17** Therefore do not be foolish, but understand what the Lord’s will is. **18** Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, **19** speaking to one another with psalms, hymns, and songs from the

Spirit. Sing and make music from your heart to the Lord, **20** always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. **21** Submit to one another out of reverence for Christ.

This is the word of the Lord
Thanks be to God

GRADUAL SONG:**Light of the world you
stepped down into darkness**

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GOSPEL: John 6 v 56-69

56 Whoever eats my flesh and drinks my blood remains in me, and I in them. **57** Just as the living Father sent me and I live because of the Father, so the one who feeds on me will live because of me. **58** This is the bread that came down from heaven. Your ancestors ate manna and died, but whoever feeds on this bread will live forever.” **59** He said this while teaching in the synagogue in Capernaum.

60 On hearing it, many of his disciples said, “This is a hard teaching. Who can accept it?”

61 Aware that his disciples were grumbling about this, Jesus said to them, “Does this offend you? **62** Then what if you see the Son of Man ascend to where he was before! **63** The Spirit gives life; the flesh counts for nothing. The words I have spoken to you—they are full of the Spirit[and life. **64** Yet there are some of you who do not believe.” For Jesus had known from the beginning which of them did not believe and who would betray him. **65** He went on to say, “This is why I told you that no one can come to me unless the Father has enabled them.”

66 From this time many of his disciples turned back and no longer followed him.

67 “You do not want to leave too, do you?” Jesus asked the Twelve.

68 Simon Peter answered him, “Lord, to whom shall we go? You have the words of eternal life. **69** We have come to believe and to know that you are the Holy One of God.”

This is the Gospel of the Lord
Praise to you, O Christ.

ADDRESS: Tim Ward

SONG:

Father God, fill this place
With Your love, with Your

APOSTLE'S CREED

I believe in God the Father

Almighty,

creator of heaven and

earth.

I believe in Jesus Christ, his

only son, our Lord,

who was conceived by the

Holy Spirit,

born of the Virgin Mary,

suffered under Pontius

Pilate,

was crucified, died, and was

buried;

he descended to the dead.

On the third day he rose

again;

he ascended into heaven,

he is seated at the right

hand of the Father,

and he will come to judge

the living and the dead.

I believe in the Holy Spirit,

the holy catholic Church

the communion of saints,

the forgiveness of sins, the

resurrection of the body,

and the life everlasting.

Amen.

INTERCESSIONS: Di Rogers

THE PEACE: *Introduction, then*
The peace of the Lord be
always with you:
And also with you.

HYMN:

Come down, O Love divine,
seek thou this soul of mine,
and visit it with thine own ardor
glowing;

O Comforter, draw near,
within my heart appear,
and kindle it, thy holy flame
bestowing.

O let it freely burn,
till earthly passions turn
to dust and ashes in its heat
consuming;
and let thy glorious light
shine ever on my sight,
and clothe me round, the while
my path illumining.

And so the yearning strong,
with which the soul will long,
shall far outpass the power of
human telling;
for none can guess its grace,
till Love create a place
wherein the Holy Spirit makes a
dwelling.

THANKSGIVING PRAYER

The Lord is here:

his Spirit is with us

Lift up your hearts:
we lift them to the Lord.

Let us give thanks to the
Lord our God:

**it is right to give him
thanks and praise.**

Father, we give you thanks and
praise through your beloved
Son Jesus Christ, your living
Word,

through whom you have
created all things; who was sent
by you in your great goodness
to be our Saviour.

By the power of the Holy Spirit
he took flesh; as your Son, born
of the blessed Virgin, he lived
on earth and went about
among us;

he opened wide his arms for us
on the cross; he put an end to
death by dying for us; and
revealed the resurrection by
rising to new life; so he fulfilled
your will and won for you a holy
people.

Therefore with angels and
archangels, and with all the
company of heaven, we
proclaim your great and
glorious name,
for ever praising you and

saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of
your glory.**

Hosanna in the highest.

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:
**Christ has died: Christ is
risen: Christ will come
again.**

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption. As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours,

almighty Father,
for ever and ever.
Amen.

THE LORD'S PRAYER:
Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily
bread.
Forgive us our sins - as we
forgive those who sin
against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power
and the glory are yours now
and forever. Amen.

BREAKING OF THE BREAD:
We break this bread to share in
the body of Christ:
**Though we are many, we
are one body because we all
share in one bread.**

INVITATION to communion

POST-COMMUNION:
Almighty God, we thank you
for feeding us with the body
and blood of your Son Jesus
Christ. Through him we

offer you our souls and
bodies to be a living
sacrifice.

**Send us out in the power of
your Spirit to live and work
to your praise and glory.**
Amen.

NOTICES

HYMN:
To him we come-Jesus
Christ our Lord.

BLESSING

DISMISSAL:
Go in peace to love serve the
Lord
In the name of Christ.
Amen.